

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)



Bachelor in Physical Education & Sports

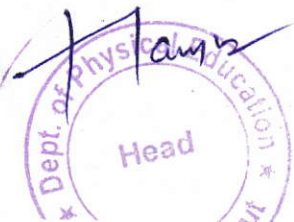
B.P.E.S.

Ordinance No. V-45(A)

I, II, III, IV, V & VI

Semester

Ordinance approved by Academic council Meeting date 02nd July 2018



Signature of a faculty member.

Signature of a faculty member.

Signature of a faculty member.

Signature of the Dean, Faculty of Education, S.V. Subharti University, MEERUT.

Ordinance No. (V-45)

GENERAL:-

- This ordinance may be called “**Ordinance Relating to Bachelor in Physical Education and Sports**” Programme.
- It shall come into force from Academic session 2018-19.

1. INTRODUCTION

Department of Physical Education has been established in 2008 under the Faculty of Education under Swami Vivekanand Subharti University, Meerut with the vision to produce highly qualified skilled, resourceful and eminent teachers in the field of Physical Education and Sports.

Mission to establish the Department of Physical Education was specifically centralized to focus on:

MISSION

To develop the high quality, excellent teaching, inter disciplinary, career preparation and development of cognitive, affective and psychomotor domains in physical education and sports.

MASTER OF PHYSICAL EDUCATION (B.P.E.S)

i. PROGRAMME OBJECTIVES:

- To gain the knowledge about basic Anatomy, Physiology and Yogic Sciences
- To gain Knowledge of various sports skill and movements
- Develop motor skills of various games and sports
- To develop the application and interpretation of applied psychology
- Wholesome development of personality of students through motor movements
- To provide multidisciplinary approach for other courses
- To establish a network based students learning between academia and sports
- To gain knowledge about natural disaster and their management
- To promote independent and collaborative work, while demonstrating the professional and ethical responsibilities of the Physical education profession.
- To teach anthropometric measurement in the field of sports and physical education

ii. PROGRAMME OUTCOME:

After successful completion of the programme, an individual will be able to:

- Interpret practical, theoretical and sports skills required for physical education development
- Able to officiate in the tournaments.
- Able to understand functioning of various internal organs of the human body
- Appraise food safety and prevention of injury to maintain a safe and healthy environment.
- Able to applicant and interpretation of applied psychology

- Develop long term goals and strategies that map the actions needed to each year to meet the objectives.
- Develop organizational and marketing processes of sports equipments and tournaments
- To conduct rehabilitation programs for the players and society.
- Able to take anthropometric measurement in the field of sports and physical education.
- Able to help responsible authorities during natural disaster in their management

2. RULES AND REGULATIONS FOR ADMISSION IN B.P.E.S

- 2.1 Candidates who have obtained at least 45 % Marks in the 10+2 or equivalent or having pass marks in 10+2 or equivalent and participated in recognized International sports tournament are eligible for admission.
- 2.2 There shall be relaxation of 5% marks for SC/ST categories candidates or candidates who have State/National sports participation/Merit certificates.

3. CURRICULUM/ STRUCTURE OF PROGRAMME OF B.P.E.S.

- 3.1 The programme shall be spread over two academic years, spread over four semesters comprising actual teaching for a minimum of 100 days in each semester.
- 3.2 The programme focuses on the following aspects:

(i) Theory:

- a) Core course
- b) Elective course
- c) Value added course

(ii) Practicum

- a) Compulsory Course (Track & Field)
- b) Elective course
- c) Teaching/ Coaching Practices
- d) Internship

3.3 Choice Based Credit System (CBCS):

The CBCS provides an opportunity for the students to choose courses from the prescribed courses comprising core, elective/minor or skill based courses. The courses can be evaluated following the grading system, which is considered to be better than the conventional marks system. Therefore, it is necessary to introduce uniform grading system in the entire higher education in India. This will benefit the students to move across institutions within India to begin with and across countries. The uniform grading system will also enable potential employers in assessing the performance of the candidates. In order to bring uniformity in evaluation system and computation of the Cumulative Grade Point Average (CGPA) based on student's performance in examinations, the UGC has formulated the guidelines to be followed.

The curriculum offers a total of 36 courses out of which the student has to complete 32 courses and the total number of credits required for the award of B.P.E.S degree is 96 credits. The courses are divided into 3 categories, i.e. Theoretical and Practical.

3.3.1 Core Course (18 for Honors): A course, which should compulsorily be studied by a candidate as a core requirement is termed as a Core course.



Dean
Faculty of Education
S.V. Subharti University,
MEERUT

3.3.2 Elective Course: Generally, a course which can be chosen from a pool of courses and which may be very specific or specialized or advanced or supportive to the discipline/ subject of study or which provides an extended scope or which enables an exposure to some other discipline/subject/domain or nurtures the candidate's proficiency/skill is called an Elective Course.

All core courses have a practical component, along with theory. Ability Enhancement courses are theory based and Skills Enhancement courses have theory with the practical component. However external practical evaluation is compulsory for all Theory and Practical subjects.

3.4 The academic calendar shall be as follows:-

Ist, IIIrd & Vth Semester	Session - 1st Aug. to 15th Dec Exam - 16th Dec. to 31st Dec
IInd, IVth & VIth Semester	Session - 1st Jan. to 31st May Exam - 1st June to 15th June

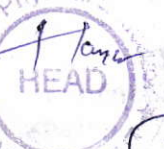
3.5: Table of B.P.E.S programme Structure under CBCS from the academic year 2018-19

3.3. Table of B.T.E.S programme structure under CBCS from the academic year 2016-17

Course Code	Course	Course Type	Teaching Load per week				Credit	Marks		Total Marks
			L	T	P	Total		Continuous Comprehensive Assessment (CCA)	End-Semester Examination (ESE)	
SEMESTER I										
BPCC-101	Introduction of Education to Physical Education & Sports	Core Course	4	-	-	4	4	30	70	100
BPCC-102	Basic Anatomy & First-Aid	Core Course	3	-	1	4	4	30	70	100
BPCC-103	Applied Sociology	Core Course	4	-	-	4	4	30	70	100
BPEC-101	Environmental Studies	Elective Course	4	-	-	4	4	30	70	100
BPEC-102	Hindi	Elective Course	4	-	-					
BPPC-101	Track & Field (Track Event)	Practical Course	1	-	3	4	4	30	70	100
BPPC-102	Indigenous Sports: Kabaddi/Kho- Kho/Malkhamb (Any One)	Practical Course	1	-	3	4	4	30	70	100
	Total					24	24	180	420	600

SEMESTER II

BPCC-201	History & Modern Trends in Physical Education & Sports	Core Course	4	-	-	4	4	30	70	100
BPCC-202	Health Education & Nutrition	Core Course	4	-	-	4	4	30	70	100
BPCC-203	Organization, Administration & Supervision	Core Course	4	-	-	4	4	30	70	100
BPEC-201	Sports Journalism	Elective Course	4	-	-	4	4	30	70	100
BPEC-202	Wellness & Fitness Management	Elective Course	4	-	-					


 HEAD
 S.V.S.U., MEERUT

Dean
 Faculty of Education
 S.V. Subharti University,
 MEERUT

BPPC-201	Track & Field (Field Event)	Practical Course	1	-	3	4	4	30	70	100
BPPC-202	Racket Sports: Tennis/Squash/Table Tennis/Badminton (Any One)	Practical Course	1	-	3	4	4	30	70	100
Total						24	24	180	420	600

SEMESTER III

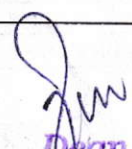
BPCC-301	Foundations of Physical Education & Sports	Core Course	4	-	-	4	4	30	70	100
BPCC-302	Physiology	Core Course	3	-	1	4	4	30	70	100
BPCC-303	Management of Physical Education & Sports	Core Course	4	-	-	4	4	30	70	100
BPEC-301	English -I	Elective Course	4	-	-	4	4	30	70	100
BPEC-302	Recreation & Camping	Elective Course)	4	-	-					
BPPC-301	Gymnastics and Aerobics	Practical Course	1	-	3	4	4	30	70	100
BPPC-302	Team Games: Basketball/Handball/Netball/Cricket/Hockey/Football/Baseball/Sofball/ Volleyball (Any One)	Practical Course	1	-	3	4	4	30	70	100
BPPC-303	General Teaching Practice-I: Dumbbell, Wends, Hoops, Umbrella, Lezium/ March Past etc.	Practical Course	1	-	3	4	4	30	70	100
Total					28	28	28	210	490	700

SEMESTER IV

BPCC-401	Methods in Physical Education & Sports	Core Course	4	-	-	4	4	30	70	100
BPCC-402	Yoga Education	Core Course	4	-	-	4	4	30	70	100
BPCC-403	Kinesiology	Core Course	4	-	-	4	4	30	70	100
BPEC-401	English- II	Elective Course	4	-	-	4	4	30	70	100
BPEC-402	Computer Application in Physical Education & Sports	Elective Course)	2	-	2					
BPPC-401	Swimming/Yoga (Any One)	Practical Course	1	-	3	4	4	30	70	100
BPPC-402	Combative Sports: Judo/Wrestling/Boxing (Any One)	Practical Course	1	-	3	4	4	30	70	100
BPPC-403	Class Room Teaching Practice-II: Theory Teaching of different games	Practical Course	1	-	3	4	4	30	70	100
Total						28	28	210	490	700

SEMESTER V




 Dean
 Faculty of Education
 S.V. Subharti University
 MEERUT

BPCC-501	Test & Measurement	Core Course	4	-	-	4	4	30	70	100
BPCC-502	Applied Psychology	Core Course	3	-	1	4	4	30	70	100
BPCC-503	Correctives and Rehabilitation in Physical Education	Core Course	3	-	1	4	4	30	70	100
BPEC-501	Sports Tourism	Elective Course	4	-	-	4	4	30	70	100
BPEC-502	Personality Development	Elective Course)	4	-	-					
BPPC-501	Sports Specialization: Track & Field/Swimming/Gymnastics/Yoga	Practical Course								
BPPC-501(A)	Sports Specialization: Theory	Practical Course	1	-	3	4	4	30	70	100
BPPC-501(B)	Sports Specialization: Skill Ability	Practical Course	1	-	3	4	4	30	70	100
BPPC-501(C)	Sports Specialization: Coaching Lesson Five Lessons Internal +1 External	Practical Course	1	-	3	4	4	30	70	100
Total						28	28	210	490	700

SEMESTER VI

BPCC-601	Sports Training	Core Course	4	-	-	4	4	30	70	100
BPCC-602	Professional Preparation	Core Course	4	-	-	4	4	30	70	100
BPCC-603	Officiating & Coaching	Core Course	4	-	-	4	4	30	70	100
BPEC-601	Carrier Guidance & Counseling	Elective Course	4	-	-	4	4	30	70	100
BPEC-602	Educational Technology	Elective Course)	4	-	-					
BPPC-601	Game Specialization: Racket / Team / Combative	Practical Course								
BPPC-601(A)	Game Specialization: Theory	Practical Course	1	-	-	4	4	30	70	100
BPPC-601(B)	Game Specialization: Skill Ability	Practical Course	1	-	-	4	4	30	70	100
BPPC-601(C)	Game Specialization: Coaching Lesson Five Lessons Internal +1 External	Practical Course	1	-	-	4	4	30	70	100
Total						28	28	210	490	700

Sr. No.	Special Credits for Extra Co-curricular Activities	Credit
1	Sports Achievement at State level Competition (Medal Winner)	1
	Sports Achievement National level Competition (Medal Winner)	2



Dean
Faculty of Education
S.V. Subharti University,
MEERUT

	Sports participation International level Competition	4
2	Inter Uni. Participation (Any one game)	2
3	Inter College Participation (min. two game)	1
4	National Cadet Corps / National Service Scheme	2
5	Blood donation / Cleanliness drive / Community services	2
6	Organization / Officiating – State / National level in any two games (max.)	2
7	Mountaineering – Basic Camp, Advance Camp	2
8	News Reporting / Article Writing / book writing / progress report writing	1

Provision of Bonus Credits Maximum 06 Credits in each Semester

- Note-** 1) Students can earn maximum 06 Bonus credits in each semester by his/her participation in the above-mentioned activities duly certified by the Head of the institution / Department. This Bonus credit will be used only to compensate loss of credits in academic activities.
- 2) One Adventure/Leadership camp of one week shall be compulsory for the completion of the course. The date & venue decided by the Head of department and for which they shall be issued a certificate by the department.

3.6 List of all Courses under different categories for B.P.E.S Programme

Course Type	Course Code	Course Name
Core Course	BPCC-101	Introduction of Education to Physical Education & Sports
	BPCC-102	Basic Anatomy & First-Aid
	BPCC-103	Applied Sociology
	BPCC-201	History & Modern Trends in Physical Education & Sports
	BPCC-202	Health Education & Nutrition
	BPCC-203	Organization, Administration & Supervision
	BPCC-301	Foundations of Physical Education & Sports
	BPCC-302	Physiology
	BPCC-303	Management of Physical Education & Sports
	BPCC-401	Methods in Physical Education & Sports
	BPCC-402	Yoga Education
	BPCC-403	Kinesiology
	BPCC-501	Test & Measurement
	BPCC-502	Applied Psychology
	BPCC-503	Correctives and Rehabilitation in Physical Education
	BPCC-601	Sports Training
	BPCC-602	Professional Preparation
	BPCC-603	Officiating & Coaching
Elective Course	BPEC-101	Environmental Studies
	BPEC-102	Hindi
	BPEC-201	Sports Journalism
	BPEC-202	Wellness & Fitness Management
	BPEC-301	English –I
	BPEC-302	Recreation & Camping
	BPEC-401	English- II
	BPEC-402	Computer Application in Physical Education & Sports
	BPEC-501	Sports Tourism
	BPEC-502	Personality Development

Dean
Faculty of Education
S.V. Subharti University,
MEERUT

Practical Course / Skill Enhancement Course	BPEC-601	Carrier Guidance & Counseling
	BPEC-602	Educational Technology
	BPPC-201	Track & Field (Field Event)
	BPPC-202	Racket Sports: Tennis/Squash/Table Tennis/ Badminton (Any One)
	BPPC-201	Track & Field (Field Event)
	BPPC-202	Racket Sports: Tennis/Squash/Table Tennis/ Badminton (Any One)
	BPPC-301	Gymnastics and Aerobics
	BPPC-302	Team Games: Basketball/Handball/Netball/Cricket/ Hockey/Football/Baseball/Softball/ Volleyball (Any One)
	BPPC-303	General Teaching Practice- I:Dumbbell, Wends, Hoops, Umbrella, Lezium/ March Past etc.
	BPPC-401	Swimming/Yoga (Any One)
	BPPC-402	Combative Sports: Judo/Wrestling/Boxing (Any One)
	BPPC-403	Class Room Teaching Practice-II: Theory Teaching of different games
	BPPC-501	Sports Specialization: Track & Field/Swimming/Gymnastics/ Yoga
	BPPC-501(A)	Sports Specialization: Theory
	BPPC-501(B)	Sports Specialization: Skill Ability
	BPPC-501(C)	Sports Specialization: Coaching Lesson Five Lessons Internal +1 External
	BPPC-601	Game Specialization: Racket / Team / Combative
	BPPC-601(A)	Game Specialization: Theory
	BPPC-601(B)	Game Specialization: Skill Ability
	BPPC-601(C)	Game Specialization: Coaching Lesson Five Lessons Internal +1 External

4. EXAMINATION AND EVALUATION

4.1 ATTENDANCE

As per the NCTE, guideline Student must have 75% of attendance in each course for appearing the examination. Students who have 74% to 65% of attendance shall apply for condonation in the prescribed form with the prescribed fee. Students who have 64% to 50% of attendance shall apply for condonation in prescribed form with the prescribed fee along with the Medical Certificate. Students who have below 50% of attendance are not eligible to appear for the examination.

The students who are representing tournaments recognized by A.I.U & I.O.A., these days of participation including the travelling days for tournament and camp organized by University for preparation of University team or student selected in registered camp of A.I.U and I.O.A. will be considered as part of attendance. The students who are representing University as official in other registered tournaments will also be considered as a part of attendance with prior permission. The order of the Vice Chancellor in this regard shall be final.

4.2 EXAMINATION

All Courses offered by Department of Physical Education under M.P.Ed programme will have an evaluation system within two components as:

1. Continuous Comprehensive Assessment (CCA) accounting for 30% of the final grade that a student gets in a course, and
2. End-Semester Examination (ESE) accounting for the remaining 70% of the final grade that the student gets in a course.

A student will have to pass both the components i.e. CCA and ESE separately to become eligible to be declared successful in a course.

[Signature]
HEAD

[Signature]
Dean
Faculty of Education
S.V. Subharti University,
MEERUT

4.2.1 CONTINUOUS COMPREHENSIVE ASSESSMENT (CCA) :

Continuous Comprehensive Assessment (CCA) will be of **30 marks** comprised:

4.2.1.1 Internal assessment will be of 30 marks as under:-

Test	15 Marks
Assignments	05 Marks
Attendance	10 Marks
Total	30 Marks

4.2.1.2 Internal assessment will be of 30 marks as under:-

- Midterm written test / practical including in-between snap tests, if any shall carry **20 marks** independently in each subject.
- A maximum of **10 marks** in each subject shall be awarded for attending classes (theory / practical) as per the following norms:

85% or more attendance	- 10 Marks
80% or more but less than 85% attendance	- 9 Marks
75% or more but less than 80% attendance	- 8 Marks
70% or more but less than 75% attendance	- 7 Marks
65% or more but less than 70% attendance	- 5 Marks
60% or more but less than 65% attendance	- 3 Marks
51% or more but less than 60% attendance	- 2 Marks
50% attendance	- 1 Mark
Less than 50% attendance	- 0 Mark

4.2.2 END SEMESTER EXAMINATION (ESE)

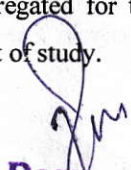
4.4.2.1 University Examination carrying 70 marks.

Note:- Format of question paper: Each questions paper shall have five questions. The pattern will be as follows:

Question No.	Description	Marks
1	Answer in detail (Long Question) (From Unit-1)	15
2.	Answer in details (Long Question) (From Unit 2)	15
3.	Answer in details (Long Question) (From Unit 3)	15
4.	Write short notes : Any two out of four (From Unit 4)	15
5.	M.C.Q. Type Question (10 out of 12 Que.) (3 Questions. from each unit)	10

4.2.2.2 Practical examination:- One Internal and One External Examiner is required for conducting the Practical Examination of each paper.

4.2.2.3 The marks obtained in the two parts of the examination shall be aggregated for the purpose of determining the total marks obtained by a student in a particular theory paper/subject of study.


Dean
Faculty of Education
S.V. Subharti University,
MEERUT

4.2.2.4 A special examination may be held in the month of August for first year and last year students to enable them to reappear in those papers in which they had failed in either odd or Even Semester or could not appear due to any reason other than shortage of attendance. Students detained due to shortage of attendance may also appear in the special examination provided they make up their attendance by attending extra classes, which may be arranged between 15th May to 31st July.

4.3 PAPER SETTING

The work of setting the end semester examination papers and evaluation of scripts and conduct of the end semester practical examination shall be assigned to the course teachers as well as to outsiders, ordinarily in the ratio of 50:50 for internal and external valuation respectively.

4.4 RESULTS

The result shall be prepared at the end of each academic year of the course by aggregating the marks obtained in the theory and practical examinations in all the semesters of the course till date.

4.4.1 A candidate shall be declared as passed at the end of an academic year if he/she secures minimum 40% marks in each theory & practical paper separately (including project reports and comprehensive viva) and 40% in aggregate.

4.4.2 If a student obtained 40% marks in at least 50% of the papers (ignoring fractions) including project report, he/she will be provisionally promoted to the next year with carryover papers and will have to appear & obtain pass marks in carryover papers along with the subsequent regular examinations for the relevant semester.

4.4.3 If a candidate fails in only one head/subject and having passed in all other head/subject of the given examination of the year than his/her deficiency of maximum five (05) marks may be fulfilled by grace marks after fulfilling the conditions given below:

4.4.3.1 If a candidate fails in only one head/subject and having passed in all other heads/subjects of the given examination of a **semester*/year**, then his/her deficiency of marks may be fulfilled by grace marks under the following conditions:-

4.4.3.1.1 Grace marks is not a matter of right of the student but is the discretion of the University.

4.4.3.1.2 Provided that the candidate has appeared in the main examination of the concerned course and falls short of pass marks by not more than five (05) marks in theory paper only. Benefit of above mentioned shall not be given to the candidate who had appeared in supplementary/special examination/carry over examination.

4.4.3.1.3 Further, benefit of grace marks may be given only to the candidate who will pass the entire concerned examination of the **semester*/year** after awarding the grace marks and not for the purpose of promoting the student to next year with back papers or for improvement of division or percentage.

4.4.3.1.4 If in a head/subject of an examination passing in Theory, Practical or sessional exams separately is mandatory, then the benefit of grace marks shall be given only in Theory examination of the University examination.



Dean
Faculty of Education
S.V. Subharti University,
MEERUT

4.4.3.1.5 The award of grace marks permissible shall be on the basis of 1 grace mark for every 05 marks secured by an examinee over and above the minimum passing aggregate marks of all subjects of the year.

4.4.3.2 Awarding of Grace Marks shall be done as given below:-

Aggregate Marks Obtained over & above minimum passing marks	Permissible Grace Marks
1-5	1
6-10	2
11-15	3
16-20	4
21-25	5

(i) Total number of Grace marks given to the student will be marked with as trick (*) at the bottom of the mark sheet.

* Grace Mark in semester examination will be considered hereinafter.

4.4.4 A student not covered by clause (a) to (c) above shall have the following options to complete his/her course -

4.4.4.1 He/ she may take admission on payment of full annual course fee and repeat the entire year of study. He /She shall be treated as a regular student. Or

4.4.4.2 He /She may pay only University exam fee for the End Semester Examination and appear in the End Semester University exams directly. He /She shall not be allowed to attend classes and the Sessional marks obtained earlier shall be retained. Or

4.4.4.3 He /She may pay half of the annual course fee and attend classes. The sessional marks obtained by him/her earlier shall be retained. There will not be any requirement of minimum attendance for appearing in the University examination

4.4.5 A student will not be promoted to the next academic year if the carryover papers are more than 50% at one point of time.

5. EVALUATION UNDER GRADING ASSESSMENT

The minimum Grade/ Grade Point required to pass each paper in a semester examination under CBCS shall be Grade D/ Grade Point 4 in each theory paper/ Practical/Project (wherever applicable) in External Examination and Internal Assessment separately.

6.1 CALCULATION CRITERIA:-

To implement the following grading system, the colleges/campuses shall use the following UGC recommended 10 point grading system:

Marks (%)	Letter Grades	Grade Points (G)
85-100	A++ (Outstanding)	10
75 to < 85	A+ (Excellent)	9
70 to < 75	A (Very Good)	8
65 to < 70	B+ (Good)	7
60 to < 65	B (Above Average)	6
50 to < 60	C (Average)	5
40 to < 50	D (Pass)	4
0 to < 40	F (Fail)	0
	AB (Absent)	0

6.2 COMPUTATION OF SGPA AND CGPA

Dean
Faculty of Education
S.V. Subharti University,
MEERUT

$(S_i) = \frac{\sum (C_i \times G_i)}{\sum C_i}$, where C_i is the number of credits of the i th course and G_i is the grade point scored by the student in the i th course.

$CGPA = \frac{\sum (C_i \times S_i)}{\sum C_i}$ where S_i is the SGPA of the i th semester and C_i is the total number of credits in that semester.

The SGPA and CGPA shall be rounded off to 2 decimal points and reported in the transcripts.

7. POWER TO MODIFY

In the event of any emergent situation, if any deviation is considered necessary, the Vice Chancellor is authorized to modify the Ordinance. Subject to subsequent ratification by the Executive Council.




Dean
Faculty of Education
S.V. Subharti University,
MEERUT